

The Sermon on the Mount: The Beatitudes

(2) “Blessed are Those Who Mourn”

📖 Matthew 5:4 (NIV) “Blessed are those who mourn, for they will be comforted.”

📖 Psalm 34:18 (NIV) “The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

📖 Isaiah 53:3 (NIV) “He was despised and rejected by men, a man of sorrows, and familiar with suffering”

“Blessed are they that are **saddened** by what **saddens** God.” ~Dr. Tony Evans

1. THE **GRIEF** THAT **CONSUMES** US.

A. We mourn **the loss of loved ones.**

📖 Romans 12:15 (NIV) “Rejoice with those who rejoice; mourn with those who mourn.”

📖 John 11:5–7 (NIV) “Jesus loved Martha and her sister and Lazarus. ⁶ Yet when He heard that Lazarus was sick, He stayed where He was two more days. ⁷ Then He said to His disciples, “Let us go back to Judea.”

📖 John 11:17, 32-36 (NIV) “On His arrival, Jesus found that Lazarus had already been in the tomb for four days...³² When Mary reached the place where Jesus was and saw Him, she fell at His feet and said, “Lord, if you had been here, my brother would not have died.” ³³ When Jesus saw her weeping, and the Jews who had come along with her also weeping, He was deeply moved in spirit and troubled. ³⁴ “Where have you laid him?” He asked. “Come and see, Lord,” they replied. ³⁵ Jesus wept. ³⁶ Then the Jews said, “See how He loved Hm!”

📖 John 11:38–44 (NIV) “Jesus, once more deeply moved, came to the tomb. It was a cave with a stone laid across the entrance. ³⁹ “Take away the stone,” He said. “But, Lord,” said Martha, the sister of the dead man, “by this time there is a bad odor, for he has been there four days.” ⁴⁰ Then Jesus said, “Did I not tell you that if you believed, you would see the glory of God?” ⁴¹ So they took away the stone. Then Jesus looked up and said, “Father, I thank you that you have heard me. ⁴² I knew that you always hear me, but I said this for the benefit of the people standing here, that they may believe that you sent me.” ⁴³ When He had said this, Jesus called in a loud voice, “Lazarus, come out!” ⁴⁴ The dead man came out, his hands and feet wrapped with strips of linen, and a cloth around his face. Jesus said to them, “Take off the grave clothes and let him go.”

B. We mourn **the rejection of Christ.**

📖 Luke 19:41–42 (NIV) “As He approached Jerusalem and saw the city, He wept over it ⁴² and said, “If you, even you, had only known on this day what would bring you peace—but now it is hidden from your eyes.”

📖 Isaiah 55:6 (NIV) “Seek the Lord while He may be found; call on Him while He is near.”

📖 Psalm 126:5–6 (NLT) “Those who plant in tears will harvest with shouts of joy. ⁶ They weep as they go to plant their seed, but they sing as they return with the harvest.”

2. THE GOD THAT COMFORTS US.

A. God comforts us in all our troubles.

📖 2 Corinthians 1:3–4a (NIV) “Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴ who comforts us in all our troubles...”

📖 Psalm 138:3 (NASB) “On the day I called, You answered me; You made me bold with strength in my soul.”

📖 Job 5:11 (NIV) “The lowly He sets on high, and those who mourn are lifted to safety.”

B. God comforts others through us.

📖 2 Corinthians 1:3–4 (NIV) “Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴ who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.”

Digging Deeper— Do you consider “mourning” to be a blessing? Does your heart break for what breaks God’s heart? Who do you know that needs to be saved? Is comfort always comfortable? What has God taught you through grief? How has God used your grief experience to help someone else?

