

## Fatal Distraction

Luke 10:38-42

### Jesus was too **present** to be **preoccupied**.

📖 Luke 10:38 (NIV84) “As Jesus and His disciples were on their way, He came to a village where a woman named Martha opened her home to Him.”

📖 Luke 9:51 (NLT) “As the time drew near for Him to ascend to heaven, Jesus resolutely set out for Jerusalem.”

### Martha was too **busy** to be **blessed**.

📖 Luke 10:38b–40 (NIV84) “...Martha opened her home to Him. <sup>39</sup> She had a sister called Mary, who sat at the Lord’s feet listening to what He said. <sup>40</sup> But Martha was distracted by all the preparations that had to be made. She came to Him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

📖 John 15:5 (NIV84) “I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.”


### Mary was too **captivated** to be **distracted**.

📖 Luke 10:39 (NLT) “...Mary, sat at the Lord’s feet, listening to what He taught.”

📖 Luke 10:39 (MSG) “Mary...sat before the Master, hanging on every word He said.”

📖 Luke 10:41–42 (NIV84) “Martha, Martha,” the Lord answered, “you are worried and upset about many things, <sup>42</sup> but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.”

📖 Luke 10:40 (NIV84) “...She came to Him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

**Digging Deeper:** Do you find that you relate more to Mary or Martha? What does it mean to be  “worried and upset about many things”? —How does this relate to our modern lives? What is the “one thing” that Jesus says is necessary? What does it mean to “sit at Jesus’ feet”? What does this posture represent? How can assumptions or personal agendas impact our relationship with others and Jesus?