

(6) Stories 3.0: Rescued  
Today's Story: Whitney Norris  
Psalm 107

God rescues us from every conceivable situation.

📖 Psalm 107:1–3 (NIV) “Give thanks to the LORD, for He is good; His love endures forever. <sup>2</sup> Let the redeemed of the LORD say this— those He redeemed from the hand of the foe, <sup>3</sup> those He gathered from the lands, from east and west, from north and south.” ►

1. God rescues us from aimlessness.

📖 Psalm 107:4–5 (NIV) Some wandered in desert wastelands, finding no way to a city where they could settle. <sup>5</sup> They were hungry and thirsty, and their lives ebbed away.”

2. God rescues us from confinement.

📖 Psalm 107:10–12 (NIV) “Some sat in darkness and the deepest gloom, prisoners suffering in iron chains, <sup>11</sup> for they had rebelled against the words of God and despised the counsel of the Most High. <sup>12</sup> So He subjected them to bitter labor; they stumbled, and there was no one to help.”

3. God rescues us from foolishness.

📖 Psalm 107:17–18 (NIV) “Some became fools through their rebellious ways and suffered affliction because of their iniquities. <sup>18</sup> They loathed all food and drew near the gates of death.”

📖 Psalm 32:3–4 (NIV) “When I kept silent, my bones wasted away through my groaning all day. <sup>4</sup> For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer.”

📖 Psalm 32:5 (NIV) “Then I acknowledged my sin to you and did not cover up my iniquity. I said, “I will confess my transgressions to the Lord”— and you forgave the guilt of my sin.”

4. God rescues us from powerlessness.

📖 Psalm 107:23–27 (NIV) “Others went out on the sea in ships; they were merchants on the mighty waters. <sup>24</sup> They saw the works of the LORD, His wonderful deeds in the deep. <sup>25</sup> For He spoke and stirred up a tempest that lifted high the waves. <sup>26</sup> They mounted up to the heavens and went down to the depths; in their peril their courage melted away. <sup>27</sup> They reeled and staggered like drunken men; they were at their wits' end.”

God rescues us when we cry out to HIM in desperation.

📖 Psalm 107:6–7 (NIV) “Then they cried out to the LORD in their trouble, and He delivered them from their distress. <sup>7</sup> He led them by a straight way to a city where they could settle.”

📖 Psalm 107:13–14 (NIV) “Then they cried to the LORD in their trouble, and he saved them from their distress. <sup>14</sup> He brought them out of darkness and the deepest gloom and broke away their chains.”

📖 Psalm 107:19–20 (NIV) “Then they cried to the LORD in their trouble, and he saved them from their distress. <sup>20</sup> He sent forth his word and healed them; he rescued them from the grave.”

📖 Psalm 107:28–29 (NIV) “Then they cried out to the LORD in their trouble, and He brought them out of their distress. <sup>29</sup> He stilled the storm to a whisper; the waves of the sea were hushed.”

📖 Jeremiah 29:11 (NIV): “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

**Digging Deeper:** *Do you need to be rescued? Are you lost this morning? Does your life feel directionless? Do you find yourself trapped this morning by a choice you made? Are you in a prison of your own making? Has something gotten out of hand in your life, and now it's got a grip on you? Sometimes, we need to be rescued from ourselves. We become the casualties of our choices. Guilt over what we have done can ruin our fun. --Is there something you need to confess to God today? Are you dealing with something beyond your ability to handle alone? Do you feel helpless and small against the enormous forces that surround you? The Good News is that God does rescue.*