

## Free to Run Galatians: 5:1-15

📖 Galatians 5:1 (NIV) *“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”*

### Run from [legalism](#).

- 📖 Galatians 5:2 (NIV) *“Mark my words! I, Paul, tell you that if you let yourselves be circumcised, Christ will be of no value to you at all.”*
- 📖 Galatians 5:3–6 (NIV) *“Again I declare to every man who lets himself be circumcised that he is obligated to obey the whole law. <sup>4</sup> You who are trying to be justified by law have been alienated from Christ; you have fallen away from grace. <sup>5</sup> But by faith we eagerly await through the Spirit the righteousness for which we hope. <sup>6</sup> For in Christ Jesus neither circumcision nor uncircumcision has any value. The only thing that counts is faith expressing itself through love.”*

### Run from [interruption](#).

- 📖 Galatians 5:7-8 (NIV) *“You were running a good race. Who cut in on you and kept you from obeying the truth? <sup>8</sup> That kind of persuasion does not come from the one who calls you.”*
- 📖 Galatians 5:9-12 (NIV) *“A little yeast works through the whole batch of dough.” <sup>10</sup> I am confident in the Lord that you will take no other view. The one who is throwing you into confusion will pay the penalty, whoever he may be. <sup>11</sup> Brothers, if I am still preaching circumcision, why am I still being persecuted? In that case the offense of the cross has been abolished. <sup>12</sup> As for those agitators, I wish they would go the whole way and emasculate themselves!”*

### Run from [corruption](#).

- 📖 Galatians 5:13–15 (NIV) *“You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. <sup>14</sup> The entire law is summed up in a single command: “Love your neighbor as yourself.” <sup>15</sup> If you keep on biting and devouring each other, watch out or you will be destroyed by each other.”*
- 📖 2 Peter 1:2–4 (NIV) *“Grace and peace be yours in abundance through the knowledge of God and of Jesus our Lord. <sup>3</sup> His divine power has given us everything we need for life and godliness through our knowledge of Him who called us by His own glory and goodness. <sup>4</sup> Through these He has given us His very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.”*
- 📖 Galatians 6:8 (ESV) *“For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life.”*
- 📖 John 8:35–36 (NIV) *“Now a slave has no permanent place in the family, but a son belongs to it forever. <sup>36</sup> So if the Son sets you free, you will be free indeed.”*

The Apostle Paul used sports imagery a lot—running, boxing, wrestling. However, he never used it to talk about what it means to come **TO** faith in Christ, he always used it to describe our life **IN** Christ. Of the three, running, boxing, or wrestling, which one do you feel best illustrates the Christian life? If we are going to live free lives, why is it important to flee legalism? Who or what is hindering your race? What is so great about grace? –Can you explain it? What is dangerous about grace?

