

Galatians: Freedom From Life's Burdens

Galatians: 6:1-10

We need to **share** our burdens.

📖 Galatians 6:1–2 (NIV) “Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. ² Carry each other’s burdens, and in this way you will fulfill the law of Christ.”

📖 Matthew 7:1–5 (NIV) “Do not judge, or you too will be judged. ² For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. ³ “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? ⁴ How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? ⁵ You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye.”

We need to **shoulder** our burdens.

📖 Galatians 6:3–5 (NIV) “If anyone thinks he is something when he is nothing, he deceives himself. ⁴ Each one should test his own actions. Then he can take pride in himself, without comparing himself to somebody else, ⁵ for each one should carry his own load.”

📖 2 Corinthians 5:10 (NIV) “For we must all appear before the judgment seat of Christ, that each one may receive what is due him for the things done while in the body, whether good or bad.”

We need to **shed** our burdens.

📖 Psalm 55:22 (NLT) “Give your burdens to the LORD, and He will take care of you. He will not permit the godly to slip and fall.”

📖 Galatians 6:6–8 (NIV) “Anyone who receives instruction in the word must share all good things with his instructor. ⁷ Do not be deceived: God cannot be mocked. A man reaps what he sows. ⁸ The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life.”

📖 Galatians 6:9-10 (NIV) “Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. ¹⁰ Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”

📖 1 Peter 5:7 (NIV) “Cast all your anxiety on Him because He cares for you.”

Digging Deeper What is the heaviest thing that you are dealing with right now? Have you shared that burden with anyone else? If not, why not? What are some burdens we all should shoulder? What is one burden you reluctantly must shoulder? What do you need to shed? What is keeping you back from the life God has for you? What are you trying to do on your own that you really should share or even shed? Who needs your help?